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By Adelle Davis

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and Let s Eat Right To Keep Fit . When going back through her history it is amazing to realize the impact Adelle had on the most Adelle Davis s <http://www.adelledavis.org/adelle-davis/>

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Let's Cook it Right (1947) ISBN 4-87187-958-5; Let's Eat Right to Keep Fit (1954) ISBN 4-87187-961-5; Let's Get Well (1965), ISBN 0-15-150372-9; Other publications:

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